

ICCA Spring Coaches' Conference

Hilton Garden Inn * Johnston, Iowa

FRIDAY, APRIL 10, 2026

8:00 - 11:00 a.m. – Registration for Conference and Morning Add-On Classes
Lobby

8:30 - 10:30 a.m. – Add-On Class: Stunt Progressions, *Jordan Sytsma*
Ballroom 1

9:30 - 10:30 a.m. – Add-On Class: Growing Your Program, *Morton Bergue*
Garden Room

11:00 a.m. - 12:00 p.m. – Add-On Class: Positive Body Image, *Annie Brees*
Garden Room

Lunch is on your own.

12:30 - 3:30 p.m. – Registration for Conference and Afternoon Add-On Classes
Lobby

1:00 - 3:30 p.m. – Add-On Class: New Coach Bootcamp, *Kenna Johnson*
Garden Room

1:00 - 2:30 p.m. – Add-On Class: Inversions, *Bill Ahern*
Ballroom 1

2:45 - 4:00 p.m. – Add-On Class: Pyramids, *Bill Ahern*
Ballroom 1

3:30 - 4:30 p.m. – Add-On Class: Hands On Cheer Dance, *Morton Bergue*
Garden Room

Visit with Vendors in the Lobby: 10:00 a.m. to 5:00 p.m.

5:00 p.m. Social Hour, courtesy of *Leading Edge*

5:30 p.m. Banquet Seating Opens with Cash Bar (No outside beverages allowed.)
Ballrooms 1, 2, and 3

6:00 p.m. *SPARK PLUGS AND SPARKLE!* ICCA Banquet and Awards
Ballrooms 1, 2, and 3

SATURDAY, APRIL 11, 2026

Breakfast is on your own. Attire is Casual. Hotel Check Out is on your own.

8:00 - 8:45 a.m. Starting Line to Finish Line: Creating Connected Teams, *Angie Damman*
Garden Room

Planning Your Year, *Morton Bergue*
Ballroom 1

What Judges are Looking For, *Bill Ahern*
Ballrooms 2 and 3

- 9:00 - 9:45 a.m. Save the Drama for Your Mama, *Kaily Walsh, 2026 ICCA Coach of the Year*
 Garden Room
 Entrances, Exits, & Transitions, *Morton Bergue*
 Ballroom 1
 Scoresheets & Rubrics, *Jordan Sytsma*
 Ballrooms 2 and 3
- 10:00 - 10:45 a.m. Head & Assistant Coaches Working Together, *Kaylee Brugioni & Alyssa Howlett*
 Garden Room
 Release Skills, *Bill Ahern*
 Ballroom 1
 Perfect Practice, *Morton Bergue*
 Ballrooms 2 and 3
- 11:00 a.m. - 12:00 p.m. **General Membership Meeting and Lunch**
 Ballrooms 2 and 3
- 12:00 p.m. - 12:45 p.m. **ICCA Round Tables and Vendor Time**
 Ballrooms 2 and 3
- 1:00 - 1:45 p.m. Division Decision, *Kaily Walsh, 2026 ICCA Coach of the Year*
 Garden Room
 NFHS Rules Specific to Pyramid Skills, *Bill Ahern*
 Ballroom 1
 Cleaning Your Routine, *Morton Bergue*
 Ballrooms 2 and 3
- 2:00 - 2:45 p.m. Driven to Cheer: Wrestling Cheer Season Success, *Angie Damman & Michelle McCann*
 Garden Room
 Spinning Skills, *Bill Ahern*
 Ballroom 1
 How to Get Sharp Motions, *Morton Bergue*
 Ballrooms 2 and 3
- 3:00 - 3:45 p.m. Scoresheets & Rubrics, *Jordan Sytsma*
 Garden Room
 Overall Stunt Technique, *Bill Ahern*
 Ballroom 1
 Jumps & Jump Conditioning, *Morton Bergue*
 Ballrooms 2 and 3
- 3:45 pm. Fun, Games, and Door Prizes!!
 Ballrooms 2 and 3

