

2025-2026 ICCA Calendar

OPEN ALL YEAR: National Federation Concussion Video Training (linked on the ICCA website). Required for ALL coaches participating in ICCA events.

July 27 to August 3, 2025 – IHSAA FAMILY WEEK – No contact with cheerleaders can be made. This includes practice and camps.

August 4 to August 29, 2025: Online Rules Meeting

- ALL COACHES and choreographers MUST complete the FALL Online Rules Meeting and be registered ICCA members to participate in ICCA EVENTS. The Winter Rules Meeting will not be accepted for State, All State, and Honor Squad registration.

August 2025: ICCA Free Fall Clinics (9:00 a.m. Start)

- NW Free Fall Clinic (Storm Lake High School) – August 9 (Michelle McCann)
- Central Free Fall Clinic (Gilbert High School) - August 9 (Jordan Sytsma)
- SW Free Fall Clinic (Winterset High School) – August 9 (Desire Grismore-Jones)
- NE Free Fall Clinic (Mason City – Lincoln Intermediate) – August 9 (Cindy Pangburn)
- Central Free Fall Clinic (Ames High School) - August 16 (Dana Logan)
- NE Free Fall Clinic (West Delaware High School) – August 16 (Bethany Brink)
- SE Free Fall Clinic (Washington High School) – August 16 (Paula Kirkpatrick)

August 12, 2025 : ICCA Fall Event Registration Opens

September 20, 2025: **DEADLINE for ONLINE ICCA Event Registration:** All-State Tryouts, State Championships, Honor Squad (No other type of registration is allowed.)

September 27, 2025: Deadline for mailing entry fees for ICCA Event Registrations

September 27, 2025: Deadline for ALL paperwork submissions for ICCA Event Registrations

October 11-12, 2025: All-State Tryouts, Ames Middle School

October 27-December 1, 2025 – Winter Online Rules Meeting

- (Not accepted for fall event registrations.)

November 1, 2025: State Championships, Iowa State Fairgrounds, Des Moines

November 16, 2025: Honor Squad Practice, Ames High School

November 20-21, 2025: Football State Championships, UNI Dome, Cedar Falls

November 20, 2025: Honor Squad Practice, Cedar Falls

November 21, 2025: Honor Squad Performance, UNI Dome, Cedar Falls

January 4, 2026: All-State Practice, Ames Middle School

January 15, 2026: Deadline for Iowa All-Stars video tryout

February 1, 2026: All-State practice, Ames Middle School

February 7, 2026: Wrestling State Duals, Xstream Arena, Coralville

UPDATED: APRIL 1, 2026: ICCA Scholarship application deadline

February 18-21, 2026: Wrestling Individual Tournaments, Wells Fargo Arena, Des Moines

February 22, 2026: All-State Practice, Ames Middle School

March 1, 2026: All-State Practice (Makeup practice), Ames Middle School

March 9-13, 2026: Boys' State Basketball, Wells Fargo Arena, Des Moines

March 9-11, 2026: Halftime Performances at Boys' State Basketball, Wells Fargo Arena, Des Moines

March 12, 2026: All-State Practice, Ames High School

March 13, 2026: All-State Performances, Wells Fargo Arena, Des Moines

March 27-28, 2026: Iowa All-Stars, Dallas Center-Grimes High School

April 10-11, 2026: ICCA Spring Coaches' Conference, Hilton Garden Inn, Johnston

May 2026: Special Olympics Iowa, Hilton Coliseum, Ames