

IOWA CHEER HONOR SQUAD – 2023

The Iowa Cheerleading Coaches' Association and the Iowa High School Athletic Association are proud to sponsor the Iowa Cheer Honor Squad. This squad will perform at the half time of two Iowa High School Football Championship Games on **Friday, November 17, 2023**. We hope to have up to 250 cheerleaders participating in this event, representing ICCA member schools throughout Iowa.

- A. One ICCA head coach registers ALL participants for ALL ICCA events.**
- B. Non-refundable entry fee of \$50 registration fee payable to ICCA is required from each participant. School and coach information, plus the names of the participants are due online by September 20, 2023 at 5:00 PM and must match the money submitted with online registration. Payment for registration must be postmarked by September 27, 2023. Do not send multiple parent checks! NO EXCEPTIONS WILL BE MADE. Errors in registration will cost \$50.**
- C. Participants must be juniors or seniors cheering on a varsity squad for the current school year. Each school is limited to three (3) participants.**
- D. Participants must be a bona fide cheerleader in their high school and be a junior or senior academically.**
- E. The coach must drive participants to Honor Squad practices and performances. See “Coaches’ Duties” below for further details.**
- F. The coach must have a completed **Medical Treatment and Release Form** for each participant. It is the responsibility of the coach to carry the Medical Treatment Forms to all Honor Squad practices and performances.**
- G. Participants and coaches are responsible for all food, hotel, and travel expenses.**
- H. Participants are required to follow all guidelines established by the ICCA. These guidelines will include policies covering appearance, behavior, conditioning, etc. The participating members will also be required to follow Good Conduct policies set by individual schools.**
- I. All coaches involved in Honor Squad, or any ICCA Event, are registered as ICCA members under the school’s registration. This includes all head and assistant coaches whether they are taking cheerleaders to Honor Squad or attending Honor Squad.**
- J. Rules Meeting and Concussion Video Training certificates must be on file for every participating event coach (head, assistant, volunteer) in an ICCA Event including Honor Squad. **Spirit Rules Meeting: July 31 - August 25 through Varsity Bound.****

- K.** A cheerleader involved in a college cheer program may NOT participate in Honor Squad (or any ICCA Event).
- L.** All coaches and the school must be in good standing with ICCA regarding National Federation Spirit Rules or ICCA/IHSAA Strengthened Rules to participate in ICCA events involving cheerleaders.
- M.** All cheerleaders and coach(s) must attend all practices and be present for the duration of the practice.
- N.** Coaches have fulfilled the ICCA required information to participate.

COACH'S DUTIES – The head cheerleading coach or assistant cheerleading coach who is on the school payroll and has completed the online rules meeting, concussion video, and is an ICCA member may be the official chaperone for the cheerleaders. The coach must drive candidates to Honor Squad practices and performances. The coach is responsible for chaperoning at all times which means he/she cannot leave the site during the practices or performances. No parents will be permitted to accompany the participants in a supervisory position. ICCA regulations require a school vehicle (unless other arrangements are made with your administrator) and a school employee to bring the cheerleaders to the event.

All participating coaches must be registered ICCA members. All coaches must have certificates of the current Spirit Rules Meeting and Concussion Video Training on file with the ICCA. The school must be in good standing with the ICCA in regards to NF Safety Rules and ICCA/IHSAA Rules.

If one of the coaches is unable to attend, a school employee may bring the candidates. This must be approved IN ADVANCE (at least one week prior) with the Honor Squad Director. The school employee must bring a letter from the school district superintendent or his/her designee stating the employee's relationship to the school and why the head coach cannot attend. This should only occur in case of an emergency, as it is important that coaches attend the practices and performances. This person and cheerleaders must stay for the duration of the practice.

Each school participating will receive ONE coach's pass and ONE coach's meal pass. Please do not bring others to the morning practice as they will not be admitted into the UNI Dome. Extra tickets may be purchased from the UNI ticket office in advance. No extra lunches will be given.

PRACTICES AND PERFORMANCES:

The first practice will be held on Sunday, November 12, 2023 from 8:00 a.m. to 4:00 p.m at Ames High School. Registration that day will be from 8:00 – 8:30 a.m. with practice starting at 8:30 a.m. The second practice will be held on **Thursday**, November 16th, in Cedar Falls, from 2:30 - until dismissed. A final practice will be in the Dome on **Friday**, November 17th, from 7:30 a.m. – 9:00 a.m. with performances to follow.

- A.** All practices are mandatory, and both the coach and cheerleaders must stay for the entire practice. Cheerleaders will not be allowed to perform or receive recognition (name in program,

medal, certificate, T-shirt, and bow) if they miss a practice, which would include leaving a practice early, or have a National Federation Rules violation during practice.

- B. Hotel information will be available on the ICCA website.
- C. Participating cheerleaders will receive a certificate, T-shirt, and bow at the last practice. T-shirt sizes are on the Registration form.
- D. The Honor Squad Director/ICCA representative shall not permit a team member to participate if in his/her judgment there is a safety concern or rules violation.
- E. **The last day to change names or substitute names is October 31st.**