

*Award Winning National Speakers*

**Morton Bergue** - His choreography was seen during the Macy's Thanksgiving Day Parade.  
**Jim Lord** - Executive Director of AACCA (the nation's number one educational class for cheer).

*Award Winning Sessions*

(the following are some examples of what to expect)  
Deciphering the Rules Book  
Helping Cheerleaders Become Great Leaders  
Make the Most of the Minute  
Safety and Stunts  
New Rules and Legalities  
Elite Stunts  
Jumps!  
For Middle School Coaches Only!  
Preparing Your Team for State  
Organizing 101  
Conditioning for Cheerleaders Only  
Motivating Cheerleaders  
Cleaning a Routine

**CAN ICCA's Coaches** achieve **MORTON BERGUE'S CHALLENGE** to get **200 COACHES** to **ATTEND** this year's conference? ICCA will give tuition to next year's Conference to a coach who gets 1 or more coaches to attend the ICCA Conference for the first time. For each new coach, the person's name will be put in the hat, with the winner drawn at the end of the Conference.

The ICCA Conference is educational and fun! Spread the word. You may find yourself a winner!

**For Athletic Directors who wonder if their cheer coach should attend:**

**NFHS Spirit Coaches' Responsibilities:**

Coaches should remain up-to-date on all new techniques, progressions and safety regulations by frequently attending conferences, clinics, and rules meetings. The coach should also belong to appropriate professional spirit organizations.

Lower your liability as a coach and for your school by attending.

For more information on each speaker and to register go to the ICCA website:  
[www.iowacheercoaches.org](http://www.iowacheercoaches.org)

**Register ONLINE on the ICCA website**  
**February 15 - March 25**

# Iowa Cheerleading Coaches' Association



*A Night at the*  
**OSCARS**

*Spring Conference*  
*April 8 & 9, 2016*

*The Meadows Hotel & Conference Center*  
*Prairie Meadows, Altoona*

## Friday

### Morning

#### **ADD ON COURSES**

##### **BASIC STUNT PROGRESSIONS**

*Jo Ellen Wesselmann, Instructor* - Cost is \$25 (IHSAA will pay \$10, **coach cost is \$15**)

Course runs from 9:00 A.M. - 11:30 A.M.

This course teaches basic to advanced stunts in a safe, progressive manner. This is a hands-on class.

Dress ready for participation.

##### **CHOREOGRAPHY**

*Morton Bergue, Instructor* - Cost is \$25. Course runs from 9:30 A.M. - 11:30 A.M.

This class will give coaches skills in choreography and look for ways to spice up a dull routine. Examples included in the class: new and interesting transitions, fun entrances and exits from stunts, and unique motion/dance ideas. While the title of this course may sound familiar, this class will have new information for every coach and be different from previous choreography classes.

## Afternoon

**AACCA** - Course runs from 12:30 P.M. - 3:45 P.M.

*Jim Lord, Executive Director of AACCA, Instructor*

Cost is \$75 (IHSAA will pay \$40, **coach cost is \$35**)

This course is the **best fundamental cheerleading course in the nation**.  
Coaches must re-certify every four years. Take advantage of the great price.

**Visit Vendors** - 2:00 P.M. - 5:30 P.M.

**Registration for all other coaches** - 3:00 P.M. - 4:00 P.M.

**ICCA General Membership Meeting & District Meetings** - 4:00 P.M.

## Friday Evening

Join us for *A Night at the Oscars*

*6 o'clock in the evening in the Bishop A Ballroom*

The Meadows at Prairie Meadows

*Walk the Red Carpet*

Banquet seating and cash bar opens at 5:30 P.M.

Come dressed for the Red Carpet

Question and Answer after the Banquet

Enjoy Prairie Meadows: Live Entertainment - Slots - Tables

## Saturday

**Breakfast** on your own

*Coaches dress as you wish*

Zumba - Educational Classes - Vendors - New Rules

Networking - Style Show - Prizes - Door Prizes - Fun

## Registration Form

**Register for Conference ONLINE anytime between February 15 - March 28\***

(ICCA Membership will be included with Registration)

Register Online at [www.iowacheercoaches.org](http://www.iowacheercoaches.org)

### Registration Fees

Information below should match your online registration slip.

**REGISTRATION & MEMBERSHIP FEES:** This should match your online registration slip.

\_\_\_\_\_ \$110 Conference Registration Fee X \_\_\_\_\_ coaches

\_\_\_\_\_ \$40 ICCA Membership Fee for the 2016-2017 school year

Each school needs one membership to cover all coaches.

\_\_\_\_\_ **Total fees included for Conference Registrations and Membership\***

**ADD ON COURSE FEES:** Check all fees and list number attending as above.

\_\_\_\_\_ \$35 - AACCA (\$75 course, coach pays \$35 and IHSAA pays the remaining \$40)

\_\_\_\_\_ \$25 - Choreography

\_\_\_\_\_ \$15 - Basic Stunt Progressions (\$25 course, coach pays \$15 and IHSAA pays \$10)

\_\_\_\_\_ **Total fees included for Add On Classes\***

**OTHER FEES:**

\_\_\_\_\_ \$15 late fees (Registering after March 28)

**\*CANCELLATIONS after the registration deadline will still be charged - \$40 ICCA membership fees and a \$50 cancellation fee because of hotel costs.**

**TOTAL of all FEES \_\_\_\_\_ for Registration fees, Add On Courses, and Other Fees.**  
**(One check payable to ICCA)**

### After Registering Online & Double Checking Figures

**Send a copy of the Online Registration Confirmation and Payment to:**

ICCA/Jeanne Ehn, P.O. Box 211, Conrad, IA 50621

**ICCA prefers payment by check** (personal or school). We will provide a receipt on request.  
We will **NOT** be taking credit cards or purchase orders. Contact Jeanne Ehn with questions.

**Conference Fees do NOT include hotel costs.**

A block of rooms has been reserved for the ICCA Conference at The Meadows Hotel and Conference Center at Prairie Meadows, Altoona, Iowa.

**Call 515-957-3000 with reference code 04072016ICC**

Or go to the ICCA website for an online link.

**The room block will be released to the public on Tuesday, March 8, 5:00 P.M.**