

Group Stunt Competition

(20 pts Stunt Difficulty, 10 pts L/D/T, 5 pts Tosses, 20 pts Overall Execution, 10 pts Overall Impression)

Stunt Difficulty

20 - 18	Elite Stunts, Multiple Extended One Leg Body Positions. Extended, Unassisted Single Base Stunts.
18 - 14	Advanced Stunts that Include Extended One Leg Body Positions. Prep Level and/ or Assisted Single Base Stunts.
14 - 10	Extended Double Leg Stunts and/ or Single Leg Body Positions at Prep Level.
10 - 1	Prep Level Double Leg Stunts and/ or Single Leg Body Positions below Prep Level.

Load-ins/ Dismounts/ Transitions

10 - 9	Elite Variety in L/D/T. 1+ Twist to Extended Level, 2 twist from Single Leg Dismount, Legal Inversions/ Releases.
9 - 7	Advanced Variety in L/D/T. 1+ Twist to Prep Level, 1 twist from Single/ 2 twist from Double, Legal Inversions/ Releases.
7 - 5	Some Variety in L/D/T. 1 Twist Transition, 1 twist from double leg, Legal Inversions.
5 - 1	Little to no Variety in L/D/T. Basic transitions, load-ins, and dismounts.

Tosses

5 - 4	Elite Tosses with skill plus double twist.
4 - 3	Advanced Tosses with skill plus twist and/ or double twist tosses.
3 - 2	Tosses that include single skills and single twist tosses.
2 - 1	Basic tosses that include straight body positions with variety in arms.

Execution

20 - 18	Nearly Perfect to Perfect Technique, Body Control, Placement, Flexibility, and Synchronization.
18 - 14	Above Average Technique, Body Control, Placement, Flexibility, and Synchronization.
14 - 10	Standard Technique, Placement, Flexibility, and Synchronization.
10 - 1	Poor Technique, Body Control, Placement, Flexibility, and Synchronization.

Overall Impression

10 - 9	Perfect to Nearly Perfect routine with no bobbles or falls and quick, fast paced choreography and minimal breaks.
9 - 7	Almost Perfect routine with slight bobbles and quick, faced paced choreography and minimal breaks.
7 - 5	Standard routine with slight bobbles or minor falls at an average pace and some breaks in choreography.
5 - 1	Poor routine with obvious bobbles and/ or falls at an average to below average pace and breaks in choreography.

Difficulty Key Points:

Number Used VS. Number on Team
 Number of Transitions and/ or Release Moves
 Speed/ Pace of Transitions
 Added skills/ Twisting Dismounts
 Minimal Use of Bases

Execution Key Points:

Building Technique
 Level of Perfection
 Body Control in Skills
 Bobbles and Falls
 Proper Technique